

Confidently Unique

The following statements are ways to confidently and politely express a different opinion, thought or feeling.



I respect what you are saying but in my opinion...

I understand what you are saying but my personal belief is...

From my personal experience...



**I do think you are making an interesting point.
However, I feel...**



**There are parts of your opinion I agree with.
However, in my experience...**



**I really enjoyed hearing your opinion.
I find the things we see differently interesting.**

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).