

What to do today

IMPORTANT Parent or Carer – Read this page with your child and check that you are happy with what they have to do and any weblinks or use of internet.

1. Read a poem

- Read *These are the hands* by Michael Rosen. Read it twice – once in your head and once out loud. What rhythm can you find as you read?
- Watch Michael Rosen reading the poem:

<https://www.youtube.com/watch?v=vb3vKDyQ244>

What did you notice about the poem from this performance?

2. Highlight verbs and nouns

- Highlight the verbs and nouns that are used in the poem.
- Which have been hidden from *Verb and Noun* list? Write them in.

3. Now for some writing

- Think of other people who have helped during this time.
- Complete *Professions – Nouns and Verbs*, thinking of nouns and verbs to do with three other groups of people.
- Try turning your ideas into a poem. You can begin each verse with 'These are the hands...' (or you could think of eyes or feet or faces...)
- Try to give your poem rhythm and perhaps rhyme too.

Try the Fun-Time Extras

- Practise performing your poem.
- Send your performance or a copy of your poem to some of the groups of people that you have written about.

These are the hands

These are the hands
That touch us first
Feel your head
Find the pulse
And make your bed.

These are the hands
That tap your back
Test the skin
Hold your arm
Wheel the bin
Change the bulb
Fix the drip
Pour the jug
Replace your hip.

These are the hands
That fill the bath
Mop the floor
Flick the switch
Soothe the sore
Burn the swabs
Give us a jab
Throw out sharps
Design the lab.

And these are the hands
That stop the leaks
Empty the pan
Wipe the pipes
Carry the can
Clamp the veins
Make the cast
Log the dose
And touch us last.

Michael Rosen

Verbs and Nouns List

Verbs as they occur in the poem	Nouns as they occur in the poem
touch feel f make tap test hold w change fix pour r fill mop flick soothe b give throw out design stop empty w carry clamp make log	hands head pulse bed b skin arm bin bulb d jug hip bath fl switch sore s jab sharps lab leaks pan p can veins cast dose

Professions – nouns and verbs

Refuse-collectors			
Verbs	Nouns	Verbs	Nouns
Emptied Taken Collected Wheeled Driven	Rubbish Waste Cardboard Bags Bins Cart		
Verbs	Nouns	Verbs	Nouns

Your poem

*Write your own poem, using your ideas from **Professions – Nouns and Verbs**.
You can start each verse: 'These are the hands...' (Or you could talk about feet,
minds, eyes, faces...)*

A large rectangular box with a decorative orange and black zigzag border. Inside the box are 20 horizontal lines for writing a poem.