

**Elham Church of England Primary School**  
**Risk Assessment- Gymnastics**

Location: School Hall

<b>Hazard</b>	<b>Description</b>	<b>Involved?</b>	<b>Prevention</b>	<b>Additional Control Measures</b>	<b>Risk Rating</b>	<b>Implemented by whom?</b>
Trips and falls over equipment used in the hall	Children could trip and fall over equipment such as benches, vaults and mats resulting in injuries such as bruises, sprains or broken bones.	Children participating	Coaches ensure the playing location is clear from potential hazards before the start of the lesson.  Children will be instructed to take their shoes and socks off prior to the start of the lesson to prevent slipping on the pieces of equipment.	Coaches emphasises the correct way to use the equipment to prevent risk of falling.  Gymnastic mats will be placed either side of the benches and around the vaults to ensure a soft landing for the children.	Medium	All coaches
Wall apparatus	Children may injure themselves if they do not take care whilst using the wall apparatus.	Children participating	Coaches will ensure that when the wall apparatus is out, it is securely tightened in place before use.	When the wall apparatus is out, it will not be possible for all children to go on at the same time as we do not want to risk injury due to overcrowding.	Medium/high	All coaches

			<p>Mats must be placed around the area for a soft landing.</p> <p>Children must be on one piece of the apparatus at a time, with no one climbing underneath whilst a child is already on.</p> <p>Children must not jump down from a high height; they must bring themselves down and dismount from an appropriate height.</p>	<p>Other activities will be completed on the other side of the hall, away from the apparatus for the children waiting for their turn.</p> <p>If refusal to abide by the rules after being told by the coaches which could pose a threat to injury, disciplinary action can occur.</p>		
Injury due to performing a skill	Children are taught a number of skills in gymnastics that may come as a challenge to	Children participating	Coaches are to lead children in a warm up and stretch before any gymnastics takes place.	Children are to do these skills on a mat; ensuring they are aware of their surroundings before performing the skill.	Medium/high	All coaches

	some; this could cause slight injury.		Coaches are to break down in the steps of the skill in a simple way so children can execute this in the safest way possible.	<p>Coaches to teach skills appropriate for their age (e.g. no headstands for KS1 children).</p> <p>Coaches to be aware of children who may be struggling which could lead to injury, paying close attention to what they are doing and how to perform the skill safely.</p>		
Contact with other children	Children could be involved in a collision with other children during the gymnastics session, whether during the warmup or the practical activity.	Children participating	<p>Coaches will emphasise the need for children to be aware of their surroundings, particularly during the warm up or when displaying a gymnastics skill.</p> <p>Activities to be completed with the most appropriate space to avoid overcrowding.</p>	Coaches will be aware of the number of children in each class, which in turn helps to plan which warm up game to play to avoid collision and injury. This will also help in how best to utilise the space in the hall when children are demonstrating the gymnastics skills.	Medium	All coaches

Injury due to gymnastics equipment	Children could injure themselves by the gymnastics equipment.	Children participating	Coaches are to ensure the correct technique is shown on how to use the gymnastics equipment safely.	Gymnastic mats will be placed either side of the benches and around the vaults to ensure a soft landing for the children.	Medium	All coaches
Risk of intruder/unknown person	Members of the public could pose a threat to the children partaking.	Coaches Children participating School staff	Registers to be taken at specific points of the day.  Areas of play are secure, school gates are locked.	Children are instructed of the areas of play and are told where to stay.  Children to be supervised by Venture Sports coaches or Elham CE Primary School staff.	Medium	All coaches